



Planning for the National Disability Insurance Scheme (NDIS)

Pegasus Riding for the Disabled is an approved, registered provider of NDIS supports for the **participation in community, social and civic activities** support cluster.

Horse-facilitated therapy programs are not included in the NDIS fixed price list. If the NDIS approves a Pegasus program as part of your participants' plan, then you will need to self-manage the funding of these supports in your plan. If a place is available within the relevant program, we can provide you with a program services quote and service agreement. For more information on NDIS Plan Self-Management, please visit www.ndis.gov.au

Hippo-therapy:

Hippo-therapy is a joint program administered via Therapy ACT and Pegasus Riding for the Disabled ACT. As places are extremely limited for hippo-therapy, please contact us on 02 6254 9190 to discuss availability and fee arrangements.

Why Pegasus Riding for the Disabled?

Qualified instruction in a safe and supportive environment:

- All lessons and activities are supervised by our nationally accredited coaches. Our coaches, both staff and volunteers, are fully qualified under the Riding for the Disabled Association of Australia's (RDAA) National Coaching Accreditation Scheme. They have skills in horsemastership, safety, first aid, teaching, selection and training of horses.
- All volunteers are comprehensively and continually trained under the RDAA National Volunteer Training program.
- Pegasus is fully compliant with the NDIS and ACT Government regulatory requirements for working with vulnerable people.

Pegasus Horses:

Pegasus horses are specially selected for their reliability, safety and predictable behaviour when working with children, teenagers and adults living with a disability. Pegasus horses

undergo six to twelve months of training to prepare them for work with riders of varying abilities. They also participate in individualised weekly training and exercise sessions with an RDA qualified coach and specially trained volunteers to keep their mental and physical health strong.

Accessibility:

Pegasus Riding for the Disabled ACT offers a change table, toilet and shower facilities that are accessible for people with disabilities. If a rider normally requires a carer, parent or support worker to assist with personal hygiene, it is required that such a person be present throughout the class time to provide assistance if required. Pegasus staff and volunteers are not permitted to assist in this area.

Disabilities:

Horse riding benefits people with a variety of disabilities including (but not limited to) children with physical disabilities, developmental delay, Cerebral Palsy, Autism Spectrum Disorder, speech and communication difficulties, vision and hearing impairment, Down Syndrome, Intellectual disabilities and muscle dystrophy. Some medical conditions prevent a participant from horse riding. All participants must have a Medical Consent Form signed by their Medical Practitioner to ensure they are medically fit to ride.

To register for Pegasus' horse-facilitated therapy programs:

To apply for a program, please fill out an expression of interest form. Forms are available by contacting our administration at admin@pegasusact.com.au or phone 02 6254 9190.

There is a lengthy waiting list for program placement. After your expression of interest has been submitted, you will be included on our waiting list.